



Respect, Belonging and Fun Engaged Learning



Leadership News

Dear Families,

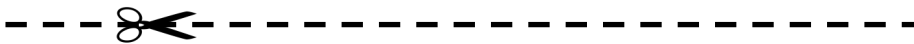
Sports Day information is included in today's newsletter. Children remain in the same team as last year with their siblings and new children have been allocated to a team. Looking forward to seeing families at Sports Day on Thursday, 26th September.

At present we are beginning to consider enrolments for classes in 2020. To do this, we also need to know if students will be leaving our school; so not returning in 2020.

We have families with children on a waiting list for our school, so we really appreciate your assistance in letting us know if your child/children are leaving.

If your child is not returning to our school in 2020, please complete the tear off slip in the newsletter and return it to the Front Office. Alternatively, you could ring the Front Office and notify us that your child/children will be leaving at the end of the year.

Cherie Collings
Principal



Students leaving end of 2019

Student's name:

Year Level:

Parent's name:

My child/children will not be returning to The Pines School in 2020.

School attending in 2020:

Dates to Remember

Term 3

Week 8

Life Education Van

12th September
Choir Rehearsals

14th September
Choir
Festival Theatre

Week 9

Life Education Van

Week 10

26th September
Sports Day



27th September
End of Term
School Finishes
2:00pm

Principal
Cherie Collings

Deputy Principal
Sam Konnis

The Pines School
42 Andrew Smith Drive
PARAFIELD GARDENS SA 5107

Phone: 8281 2199
Fax: 8281 5858

E-mail:
dl.1777.info@schools.sa.edu.au
Web: www.thepines.sa.edu.au

Sports Day Information

Dear Parents/Caregivers,

Sports Day this year will be on Thursday 26th September.

On Sports Day students arrive at school by 8:40am and go to class as normal. At 9:00am activities will begin with the whole school involved in a health hustle on the oval.

From 9:30am to lunchtime Junior Primary and Primary classes will be participating in tabloid events. After lunch, Junior Primary students will participate in the invitation marathon on the oval while Primary students participate in the championship races.

Primary students who are not participating in the Championships will sit in their house colour groups to cheer on their teams. Primary relays will follow, with the Junior Primary students joining their house teams to watch.

We expect Sports Day events to conclude before 3:00pm. Parents are welcome to take their children home at the conclusion of events, **but children must be marked off the class roll before leaving.** Remaining students will return to classes after events, to be dismissed at 3:00pm as normal.

Our Sports Day teams are Red, Blue, Yellow and Green. Your child knows what colour they are in. Children are encouraged to come dressed in house colour clothing or wear coloured accessories e.g. ribbons, but **clothing must be sun-smart and allow for active participation** i.e. t-shirts with sleeves and appropriate shorts. We do not expect families to buy new clothing for Sports Day. Students need to wear shoes that allow active participation such as sneakers or sandshoes.

Students are allowed to colour their hair with sprays, hair chalk etc. at home before the start of the day **but they must not bring any sprays (hair colour, body sprays etc. to school).**

All students must wear a **sun-smart hat or school hat** all day, as well as sunscreen.

Any children coming to the school who are **not** participating, must be **actively supervised** by a parent/caregiver at all times.

There will be a sausage sizzle available for \$2.00 at recess and lunch. There will be freshly cooked pumpkin soup to purchase for \$1.00. The canteen will be available for lunch orders as usual.

If there is inclement weather (rain) a decision will be made at 8:45am on Thursday morning about whether Sports Day can go ahead.

A map and program for Sports Day will be sent home on Wednesday, 18th September.

Thank you for your support, looking forward to an excellent Sports Day.

Sam Konnis
Deputy Principal
for Sports Day Committee

DISABILITY POLICY AND PROGRAMS

Parent Conference
25 September 2019



“A Different Kind of Brilliance”

You are invited to the 2019 Parent Conference for parents or carers of a child or young person with a disability on Wednesday 25th Sept 2019, hosted by the Department for Education.

The conference is an opportunity for families to hear inspiring speakers and attend workshops that will build their capacity and knowledge to support their children.

Sessions will cover complex communication, disability funding, senior secondary and transition, autism, interoception, dyslexia, strategies for school success and hearing from the Commissioner for Children and Young People on “listening to children”.

WHEN:	Wednesday 25th September 2019	
	8:30 am	Registrations open
	8:45-9:30	Pre conference workshop
	9:45	Welcome, opening address and student performance
	10:30	Keynote
	11:15	Morning tea
	11:35	Morning workshops
	12:35	Lunch
	1:15	Afternoon workshops
	2:15-3:00 pm	Post conference Q&A session, and close

WHERE: Hilton Adelaide
Victoria Square, Adelaide

HOW: Register for the conference at <https://register.eventarc.net/e/43331>

If you have any queries please email Education.ParentForumConference@sa.gov.au or contact the Special Education Resource Unit on (08) 8235 2871.

More information can be found at <http://web.seru.sa.edu.au/parent-forum/>

Lunch will be provided for registered participants.

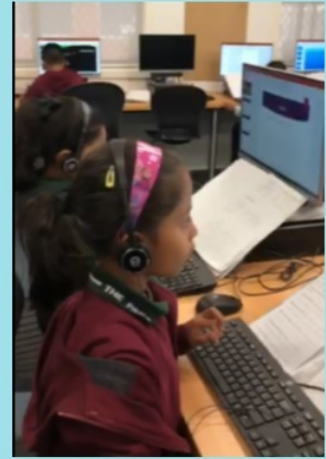
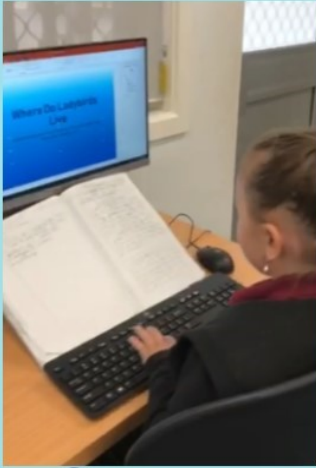


Government of South Australia
Department for Education

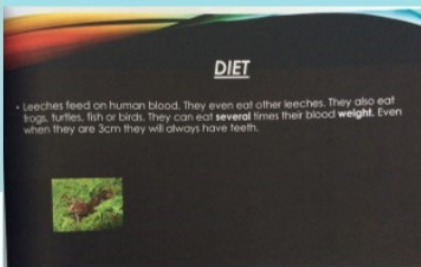
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Congratulations to Sahar in Room 25 for coming third place in the Bendigo Bank Road Safety poster competition. This was a state-wide competition for students under 12 years of age to promote safety on our roads.



Information Reports in Room 14 and 15



In our writing lessons we learnt about insects and we planned our information reports and typed them on the computer.

- Dharmi Rm 14

We learnt about Minibeasts and we decided to put our information reports onto Power Point and then we printed them.

-Zander Rm 15



ROOM 27 & 28 MARKET DAY

When: Tuesday Week 10, September 24

R-3 classes will be called over to the hall throughout the day

Cost: 50c - \$4 (range of products and services)



FAMILIES OF STUDENTS IN

ROOMS 1,2,3 & 4

YOU ARE INVITED

TO MEET THE KIMOCHIS,

AT A MORNING TEA

**ON SPORTS DAY -
26TH SEPTEMBER**

10.30-11.10AM.

IN OSHC CHILL OUT ROOM

FOLLOW THE SIGNS.

Hope to see you there Caroline Stevens



From your Pastoral Care Worker ...

Dear School Community, I just wanted to update you all that I have been allocated some more funding through School Ministry Group (SMG) for an extra couple of days to work in the Reception classes with the Wellbeing Classroom using Kimochis.

Kimochis are cute toys that all have different characters and are used as tools to help us work through our feelings. The Reception classes and I are having a great time.

On Sports Day I am hosting a morning tea at recess time for families of Rooms 1, 2,3 and 4 to give you an opportunity to meet the Kimochis. I look forward to sharing and meeting you in OHSC Chill Out Room.

Just a reminder that Breakfast Club on Tuesday and Friday mornings is in the Kitchen (Technology Room) through the Library doors, before school and that everyone is welcome. We have fruit if your child needs some for the day, cereal and toast and sometimes scrambled eggs.

SCHOOL FEES REMINDER

2019 School fees are now overdue.
Statements were sent home earlier this term.

Please contact the front office if you
need a balance of fees owing.

To avoid the possibility of debt recovery,
please pay overdue fees as soon as possible.

Fees can be paid by Qkr, cash or cheque.

Canteen News



DONUT DAY

WE ARE HAVING A DONUT DAY ON *WEDNESDAY, 18TH SEPTEMBER*. ALL ORDERS NEED TO BE RECEIVED AT THE CANTEEN BY MONDAY, 16TH SEPTEMBER. YOU CAN ALSO ORDER ONLINE USING THE QKR APP UNDER SPECIAL FOOD DAY. *DONUTS ARE \$3 EACH* AND YOU CAN ORDER EXTRA'S

CHOCOLATE

STRAWBERRY

CINNAMON

THERE IS ALSO A LAMINGTON GLUTEN FREE OPTION AVAILABLE AT A COST OF \$3.



SEASON STARTS
12TH OCT
REGISTRATIONS FROM
11AM



JNR TRAINING SATURDAYS 12:45PM - 3PM
POINT MALCOM RESERVE, MILITARY ROAD, SEMAPHORE PARK. S.A. 5019

Come and Try Sessions available till 14th Dec
\$15.00 for 3 sessions (non consecutive sessions ok)

WHAT TO BRING: Long Sleeve Training Top, Broad Brimmed Hat, Sunscreen, Water Bottle, Bathers, Towel and Goggles.



COME AND TRY EARLY REGISTRATION DAY
SATURDAY 14TH SEPT 12PM - 4PM
OR
SEE OUR COME AND TRY PAGE ON OUR WEBSITE
FOR MORE INFORMATION, DOWNLOADABLE
INFO SHEETS, AND REGISTRATION FORMS
[HTTP://SEMAPHORESLS.COM.AU/NIPPERS-COME-AND-TRY/](http://semaphoreslsc.com.au/nippers-come-and-try/)

Alternatively E-mail juniors@semaphoreslsc.com.au
or contact Junior Convenor - Ian Biggs on 0430 572 982



NIPPERS NORTH HAVEN SLSC

\$60 NIPPER MEMBERSHIP
\$150 FAMILY MEMBERSHIP
(1 SPORTS VOUCHER PER FAMILY
MEMBERSHIP)
NIPPERS COMMENCES THE 12/10/2019

NORTH HAVEN SURF LIFE SAVING CLUB 44
AUSTRALIA DRIVE 2, NORTH HAVEN

Email nippers@northhavenslsc.com.au

Saturdays
1pm-3pm

Free
Come and
Try

Ages 5-13

All
Welcome





Guide and support

- Children need to know what is OK and not OK. Have reasonable expectations of children's behaviour that suit their age and development. Limits and boundaries help children feel secure.
- Notice when children do well and praise them. This is how they know to keep doing it. Encouragement works better than punishment. When you punish children they feel angry and defensive and focus on these feelings rather than learning the behaviour that is expected.
- Be patient. Young children are yet to develop mastery over their impulses and emotions. They need time to learn and practice.
- Acknowledge children's feelings, e.g. 'you really want to play some more... it's hard to stop when it's time to go home'. They will be more likely to do what you want and it helps maintain your connection with them.
- Showing you understand can open the way to conversation. Say things like 'I'm worried about you. You seem upset/angry about....', or 'It must be really hard to.....'. When children feel understood they are more likely to listen to your advice and guidance.
- Help children express strong feelings in safe ways, e.g. outdoor play, sport, drama, music and writing.

.....
When children feel understood they are more likely to listen to your guidance.
.....

Be a positive role model

- You are a role model for your children whether you realise it or not. Behave in ways you expect your children to behave and treat people the way you want your children to treat others. Live the values you want them to have.
- Help children learn to regulate their emotions by modeling this yourself. Stop and take a deep breath if you are angry or upset. Calm down before you respond. You are showing children that feelings can be managed.

.....
Children benefit when they have a network of trusted adults to talk to, e.g. aunts, uncles, friends or community, sports or activity leaders. Having mentors in their life can broaden children's horizons.
.....

Want more information?

Parent Helpline

Phone 1300 364 100

For advice on child health and parenting

Child and Family Health Service (CaFHS)

Phone 1300 733 606, 9am-4.30pm, Mon-Fri for an appointment. See www.cyh.com for child health and parenting information

Parenting SA

For more Parent Easy Guides including 'Being a parent', 'New parents', 'Being a Mum', 'Being a Dad', 'Single parenting', 'Blended families', 'Grandparenting', 'Discipline 0-12 years', 'Living with toddlers' and 'Living with young people'
www.parenting.sa.gov.au

Raising Children Network

For parenting information www.raisingchildren.net.au



**Government of
South Australia**

Parenting SA

A partnership between the Department for Education and Child Development and the Women's and Children's Health Network.

Ph: 08 8303 1660

www.parenting.sa.gov.au

Parent Easy Guides are free in South Australia.

Important: This information is not intended to replace advice from a qualified practitioner.

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Revised: 08/2016.

COMMUNITY NEWS



Don't miss out on your chance to secure an Early Bird Discount for October's clinics

Registrations are open for our popular Adelaide Thunderbirds School Holiday Clinics!

Every Adelaide Thunderbirds School Holiday Clinic is different, with Adelaide Thunderbirds athletes and Netball SA coaches teaching your youngster new skills at each session.

Register before Sunday 15 September to receive a 10% early bird discount!



5-7 years clinic

Date: Tuesday 8 October 2019
Time: 9am – 11am
Venue: Priceline Stadium
Cost: \$49.00
10% early bird discount cost: \$44.10
Registrations close Wednesday 2 Oct.

[Register](#)



8-10 years half day clinic

Date: Tuesday 8 October 2019
Time: 1pm – 4pm
Venue: Priceline Stadium
Cost: \$65.00
10% early bird discount cost: \$58.50
Registrations close Wednesday 2 Oct.

[Register](#)



LITTLE ATHLETICS

Summer season commences Sat 21 Sept 2019 at Rundle Reserve, Rundle Road, Salisbury South

Join us for an (obligation free) introduction to Little Athletics for new families Saturday 14th September 2019 9.00am - 10.30am

JOIN THE SQUADRON
jets.org.au/learn-more

or contact Jenni on 0401 023 399 / president@jets.org.au

DARE TO DREAM
ATHLETICS HOLIDAY CLINIC
SA ATHLETICS STADIUM, MILE END

WEDNESDAY 2ND & 9TH OCTOBER 2019

A clinic for **ANY 5-17 YEAR OLDS** to learn, have fun, improve their **athletics** skills, and meet Australian Commonwealth Games Long Jumper **Margaret Gayen!**

REGISTRATION CLOSES: **WED 25TH SEPT 2019** | (08) 8352 8133 | littleathleticsa.com.au/holidayclinics

SA Dental Service

Keep your kids smiling

Dental care is **FREE** for ALL babies, preschool and most children under 18 years at School Dental Service clinics.

Our specially trained staff provide comprehensive dental care to help prevent pain and tooth decay. We will always talk to you about what your child needs before we provide any treatment.

We have been a trusted government dental service for children since 1969 and bulk bill under the Child Dental Benefits Schedule.

Call us now for an appointment or use the link on our website to ask us to contact you.

Your local clinics are: Salisbury Community Dental Clinic Phone: 8250 9254
Elizabeth GP Plus Dental Clinic Phone: 7485 4000

www.sahealth.sa.gov.au/dentalappointment