

THE PINES SCHOOL

CANTEEN PRICELIST inc GST

From 5th March 2018

DAILY MENU

Meat Lasagne	\$3.60
Vegetarian Lasagne (V)	\$3.60
Spaghetti	\$3.60
Macaroni	\$3.60
Penne Napolitano	\$3.60
Spaghetti and Meatballs	\$3.20
Fried rice (G)	\$3.60
Vegetarian Fried rice (V)(G)	\$3.60
Slams Pie bites, beef	\$2.80
Pizza—ham or ham & pineapple	\$2.30
Tuna Mornay	\$3.00
Nacho's with salsa & cheese or sour cream	\$2.60
Meatball Sub	\$3.00
Hot ham and cheese roll	\$3.00
½ hot ham and cheese roll	\$1.50
Chicken nuggets, Dino snacks or Coujons (each)	60c
Gluten Free Chicken Nuggets (G) (each)	60c
Hamburger with sauce, tomato & lettuce	\$4.00
Chicken burger with lettuce & mayo	\$4.00
Fish burger with lettuce & mayo	\$4.00
Fish fillet with wedges or salad	\$4.00
Chicken nuggets or chicken coujons or chicken dino snacks with salad or wedges	\$4.00
Sushi—tuna	\$3.30
Corn Cobbett's (V)(G)	\$1.00
Chicken or Beef noodles	\$ 2.50



WEDNESDAYS / THURSDAYS

Term 2 and 3
Zucchini Slice or
Soup using the produce from
The Pines Garden
Please check the
canteen notice board

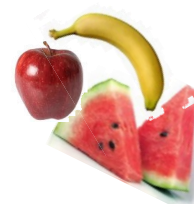


Fruit salad

Water melon, orange, grapes, apple or
rock melon

small

medium



\$1.00

\$2.00

Extra's

Tomato	\$0.40
Cucumber	\$0.40
Lettuce	\$0.40
Carrot	\$0.40
Gherkins	\$0.40
Beetroot	\$0.40
Cheese	\$0.50

Sauce

Mayo	\$0.30
Tomato or BBQ	\$0.30
Tartare	\$0.30

SANDWICHES, ROLLS AND WRAPS

Gluten free bread available (Extra 50c)	Sandwiches	Rolls or Wraps
Vegemite	\$1.40	\$1.70
Egg	\$2.00	\$2.50
Tuna	\$2.00	\$2.50
Ham	\$2.00	\$2.50
Cheese	\$2.00	\$2.50
Chicken	\$2.50	\$3.00
Salad (tomato, cue, lettuce & carrot)	\$2.90	\$3.30



We can toast sandwiches, rolls or wraps at no
extra cost.

Salad Packs available on request.

We follow healthy guidelines and all foods listed
on the canteen menu are in the green or


amber categories.

(G) Gluten Free

(V) Vegetarian

WEEKLY SPECIAL

Term 2 and 3 only

Large pie		\$3.60
Large sausage roll		\$3.60
Potato Pie		\$3.60

Tuesday and Friday

Hot dog with sauce		\$3.60
Half hot dog with sauce		\$1.80

Thursday

Baked potato with 3 toppings, choice of: Coleslaw, beetroot, grated cheese, pineapple, ham and sour cream		\$4.00
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Each extra toppings		50c
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SNACKS

Fruit Kebabs		70c
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Muffins – baked daily		
Small		20c
Medium		50c

Chocolate custard		80c
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Jelly cups– orange, apple or blackcurrant		80c
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Oat Slices		
Banana, blueberry or sultana		\$1.00

Cheese and biscuits		80c
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Jumpy chips – chicken, Salt & Vinegar		\$1.00
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Popcorn – original, cheese or chicken (G)		\$1.30
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Noodles – BBQ or chicken		80c
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Chips – small only		\$1.20
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DRINKS

Milk

Plain 300ml	\$1.40
Big M 250ml – chocolate or strawberry	\$2.00
Up and Go 250ml - choc, strawberry, banana or vanilla	\$1.80
Milo 200ml	\$2.00
Oak milk – 250ml choc, straw or vanilla	\$2.00
Oak milk 300ml – choc, straw, vanilla or banana	\$2.20



Juice and Water

Spring water 600ml	\$1.60
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Spring water 350ml	\$1.00
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Juice Crush 250ml – orange, apple or apple/blackcurrant	\$1.50
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Chill Iced Tea Peach, lemon or blackcurrant	\$2.00
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Berri juice 250ml – apple, orange or apple/blackcurrant	\$2.20
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Glee drinks (99% fruit juice carbonated)	\$2.20
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Frozen apple or orange cups	\$1.00
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Frozen twisted yoghurt	\$2.00
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Watermelon, chocolate, or strawberry

