

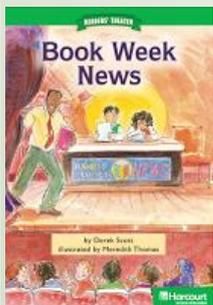
# THE PINES SCHOOL NEWSLETTER

Week 3

Term 3

9th August 2017

Dear Families,



Book Week is the 21st to the 25th of August. The theme is "Escape to Everywhere".

Dress up day for all classes will be on the Wednesday of Book week, the 23rd August. There will be a parade at 9.15am on Wednesday, all welcome to attend.



Grandparents' Day is the Friday of Book week. The program for Grandparents' Day begins at 9.10am in the school hall with items by the pre school, reception and year one students.



At 10.30am morning tea will be served in the staffroom and courtyard.

All classes, the library and the CPC will be open for visiting from 11.15—12pm.

A program is included in today's newsletter.

This term optional parent/caregivers/teacher interviews will be held between weeks 5 and 7 (August 21<sup>st</sup>—September 6<sup>th</sup>). Teachers will contact those parent/caregivers that they would like to see.

As well parents/caregivers can request a time to see teachers. Notes from class teachers will come home shortly about this.

Cherie Collings  
Principal

## Canteen News

Thank you to everyone who bought a donut in our Term 2 Fundraiser. We raised \$275 which was donated to the Cystic Fibrosis Association.

The Pines canteen follows healthy guide lines and all food on our menu is in the green or amber categories.

We are looking for more volunteers, if you are interested please see Sue in the Canteen.



Government  
of South Australia  
Department for Education  
and Child Development

**Dates to  
Remember  
AUGUST**

### Week 3

Wednesday  
9th August  
Cyber Safety parent  
workshops  
9am and 6pm

### Week 5

**BOOK WEEK**  
Friday 25th August  
Grandparents Day

### Week 7

4th—6th September  
Year 6/7 Camp

**Thursday 7th  
September  
Pupil Free Day**

**Friday 8th  
September  
School Closure Day**

### **REMINDER**

Please advise the school  
as soon as possible of  
any change of:  
Address  
Telephone Numbers  
Emergency Contacts etc.

It is vital that our records  
are kept up to date.

Thank you.

Cherie Collings  
Principal  
Sam Konnis  
Assistant Principal

The Pines School  
P.O. Box 576  
Salisbury South SA 5106  
E-mail: dl.1777.info@schools.sa.edu.au  
Web: www.thepines.sa.edu.au

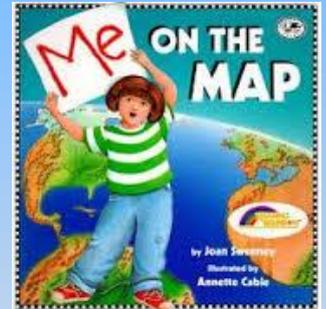
Phone: 8281 2199  
Fax: 8281 5858

# Newsletter

## Rooms



and



Rooms 3 and 4 have just put up a display of the interesting learning our classes did together last term.

In Discovery time we explored the Geography theme about places with 'Me on the Map'.



We explored different types of maps and what is a place. We discovered the significance of places to Aboriginal people. We constructed representations of a street, a suburb, a city, a state, a country and the world using lift the flap pictures.



Then the students identified their favorite place at The Pines School and designed a pictorial map.

They described the features of their special place using their five senses and adjectives.



Later they represented this place by creating a model.



# COUNSELLOR'S CORNER

## Brain Breaks

Brain Breaks are a quick and effective way of changing or focusing the physical and mental state of the learners in a group. They are also a useful tool for students to use to help activate, energise and stimulate their brains. Research indicates that brain breaks also improve students' concentration and relieve stress.



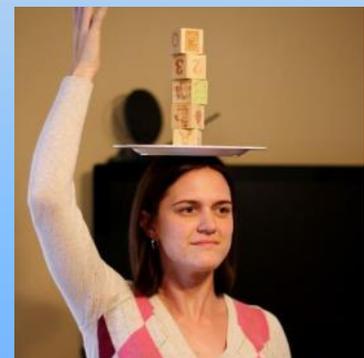
The SRC have been working to create a book of Brain Breaks that teachers and students can use in their classrooms. Each class has contributed at least one activity that they already use that is fun and gives students the opportunity to positively engage with their learning. Here are some examples. You might even like to try one at home.

### Opposite Sides

Have students stand and blink with the right eye while snapping the fingers of their left hand. Repeat this with the left eye and right hand.

### Balance

1. Students walk around the room balancing paper plates on their heads.
2. Add things to the plates to make it more challenging.
3. When the plates/objects fall, student is out.



Jacqui Simpson  
Student Well-Being Leader

# COMMUNITY NEWS



## Food for Life

### Eat Well, Live Well

Commencing 31 August 2017  
Every Thursday 9.30am to 11.30am (5 weeks)  
Parafield Gardens Children's Centre  
9 Casuarina Drive, Parafield Gardens

This FREE practical and fun program allows you to learn essential nutrition information to help cook fresh, healthy and inexpensive meals for the whole family. Cook in class and taste your creations. Children are welcome to participate in the activities.

**Topics covered include:**  
Understanding food groups, nutrition and label reading, kitchen glossary, cooking techniques, safe food preparation and knowing serving sizes.

For more information or enrolments contact:  
Phuong: 8258 3659  
Email: [enquiries.skillsforsalisbury@gmail.com](mailto:enquiries.skillsforsalisbury@gmail.com)  
Find us on facebook search: Parafield Gardens Childrens Centre

The participants will be enrolled in one unit (FSKRDG05) from the Foundation Skills Package through TAFE SA.




## A Pathway to Children's Services

### Living and working with children

Commencing 22 August 2017 (15 weeks, break in school holidays)  
Every Tuesday 9.30am to 1.00pm  
Salisbury East Neighbourhood Centre  
28 Smith Road Salisbury East 5109

Are you looking to step foot into the Children's Services industry or are you a parent/carer keen for valuable information about raising children today?

This FREE accredited training program introduces participants to the Children's Services industry. While giving you the knowledge and key components to develop pathways to volunteer, work or study with children, it aims to improve your self-esteem and self-confidence in a very welcoming community learning environment.

**Topics covered include:**  
Communication strategies, early childhood development, children and special needs, supporting children with speech, safety in the industry, movement and active play, literacy for children, nutrition for children, food safety and hygiene and child safe environment.

For more information or enrolments contact Teena:  
Phone: 8285 2055  
Email: [enquiries.skillsforsalisbury@gmail.com](mailto:enquiries.skillsforsalisbury@gmail.com)  
Find us on facebook: Salisbury East Neighbourhood Centre

This Adult Community Education Course offers the following units of competency from the Foundation Skills Training Package (FSK):  
FSKOCM01 - Participate in highly familiar spoken exchanges and FSKWTG06 - Write simple workplace information.



## KIDS FREE!

Adults \$20 at door or cheaper online at [www.sciencealive2017.eventbrite.com.au](http://www.sciencealive2017.eventbrite.com.au)  
Sat 5th & Sun 6th Aug 2017  
9 am - 5 pm  
Adelaide Showground

Science Alive! is proudly sponsored by











## SCIENCE ALIVE!

### All kinds of awesome.

This FREE hands-on science event has something for everyone. Families will enjoy the spectacular Chemistry Shows, the Curiosity Shows with Rob & Deane, native animals, robotics, dinosaur puzzles, bugs n slugs and DALEKS! There will also be 60 hands-on Questacon exhibits to explore. Teenagers will also find a range of info on fabulous science and engineering study and career options.

Meet exhibitors from

- defence & engineering
- science & education
- nature & the environment
- health & nutrition

For further information and TICKETS visit the Science Alive! website ([sciencealivesa.org.au](http://sciencealivesa.org.au)) and for the latest news visit our Facebook page (ScienceAliveSA).

SA Dental Service

## Keep your kids smiling



Dental care is FREE for ALL babies, preschool and most children under 18 years at School Dental Service clinics. The School Dental Service is a Child Dental Benefits Schedule provider.

Babies first dental check-up is recommended at 12-18 months.

Your local clinic is located at:  
Salisbury Community Dental Clinic  
Hollywood Blvd  
SALISBURY DOWNS 5108

Call us now for an appointment - phone 8250 9254

Date: .....

Time: .....

[www.sahealth.sa.gov.au/sadental](http://www.sahealth.sa.gov.au/sadental)



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