

THE PINES SCHOOL NEWSLETTER

Week 4

Term 1

24th February 2017

Dear Families,

An incident/accident has occurred recently at another 2 schools, resulting in injuries to students. We have not had any similar injuries at our school.

In one incident, the student was using the junior primary play equipment and caught the hat that they were wearing in play equipment, resulting in a red welt on the child's throat due to friction/burn from the cord on the hat.

We do not sell this type of hat at The Pines.

DECD has advised that there may be hats at home that are worn to school that have the cords and we request the following:

- * you inspect your child's hat and if it has a cord, please immediately remove the cord as any hat with cords can no longer be worn at school; and
- * if you have concerns about the safety of the hat please speak with me or office staff.

The safety of students at this site is of utmost importance, as such our school staff will continue to monitor and assess potential risks. When required we will modify or change processes to ensure our students get the best care.

If you have any questions or comments regarding this matter please contact me at school.

Cherie Collings
Principal

We have almost finished harvesting our crops that Mark (our groundsman) planted with students from our Gardening Club in Term 4 last year. Mark has taken fruit and vegetables around to all of the classes to taste and has supplied the canteen with wheelbarrows full of fresh produce to use. The canteen has been using this to promote healthy eating at affordable prices for our students.

Thank you to all the students and staff involved in the process.



Government
of South Australia
Department for Education
and Child Development

Dates to Remember

**March
Week 5**

3rd March
Whole School
Assembly

Week 6

7th March
JP Assembly

Week 7

13th March
Adelaide Cup
Public Holiday

Week 8

Tuesday
21st March
Harmony Day

Week 9

Parent Teacher
Interview Week

Week 10

R-5 Swimming
IELC R-7

**Please take
note of changes
to Calendar**

REMINDER

Please advise the school
as soon as possible of
any change of:
Address
Telephone Numbers
Emergency Contacts etc.

It is vital that our records
are kept up to date.

Thank you.

Cherie Collings
Principal
Sam Konnis
Assistant Principal

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COUNSELLOR'S CORNER

GROWING WITH GRATITUDE

Counsellor's Corner

Now that we are getting stuck into our learning and have lots to talk about, I thought that I would share the following article from *Growing with Gratitude*. I have found it very useful in developing positive interactions and mindsets.

Jacqui Simpson

Article from - <http://www.growingwithgratitude.com.au/>

6 Meaningful Questions to Ask Your Child

When walking down the street I hear it all the time, People asking; (especially parents asking children) “how was your day?” Response “good” and that was the end of the conversation.

I had a little chuckle to myself. I do exactly the same if my Mum asks “how was your day?” My response 9 out of 10 times “good” and that’s it.

Why don’t we ask questions that get people thinking? Questions that need the recipient to think and reflect. For example;

- positive events from our day
- acts of kindness that we witnessed or carried out ourselves
- events from the day we were grateful for

Next time you are thinking about asking a child, students or anyone for that matter how their day was... Don’t.

Ask one, two, three, four, five or all 6 of these questions:

1. Tell me about a positive event from your day?
2. Tell me about something that happened today that you were grateful for?
3. What acts of kindness did you see someone do today?
4. Tell me about something kind you did today?
5. What could have you tried harder at today?
6. Tell me about a time today when you gave your best effort?

Questions such as these provide the opportunity for kids to:

- focus on the good parts of their day, therefore not focusing on negative events.
- scan their day to focus on the acts of kindness they carried out
- reflect on other peoples acts of kindness across the day
- reflect on the things around them they are grateful for
- reflect on where they think they could give more effort and where they think they could improve

Asking questions such as these daily will help kids form positive habits.

Here’s the thing, if kids know they are going to be asked a question like the ones above they will want to create positive events in their day, they will want to share something they are grateful for, they will carry out kindness acts, they will observe how others perform acts of kindness and they will give their best effort.

Don’t just ask kids these questions, these are adult questions too, also great conversation starters around a dinner table.

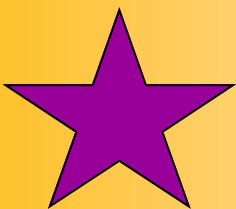
Meaningful questions will create a world of grateful, kind and happy people.

Growth Mindset & The Learning Pit in Rooms 8 and 9

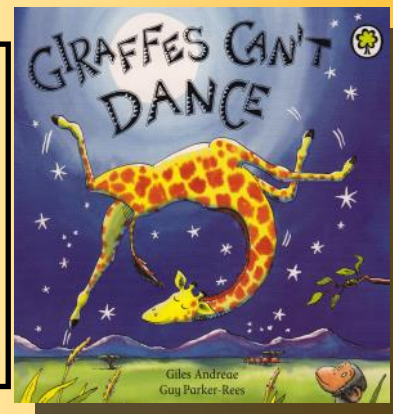


In Rooms 8 and 9, our goal is to learn English. Learning a new language can be challenging at times, but our lessons on Growth Mindset and The Learning Pit have given us strategies we can use when we are struggling.

Firstly, we used role-play with dinosaurs in the sandpit to demonstrate how to ask for help from others when you feel 'stuck'. We have transferred this learning to the classroom and enjoy asking our peers for help if we need it.



In another lesson, we read "Giraffes Can't Dance" and then shared things that we can't do YET! We discussed how if we practise, set goals and ask for assistance from others we can work towards achieving these goals.



COMMUNITY NEWS

SALISBURY
SECRET GARDEN
TICKETED EVENTS | SALISBURY INSTITUTE
BOOKINGS AT: WWW.ADELAIDEFRINGE.COM.AU

FRI 24 FEB 9PM
The Beautiful Bogan Roadshow | FP \$15 C \$12 Gr \$12

SAT 25 FEB 7PM
Atmospheric Pop Dreams | FP \$20 C \$17 Ch \$12 Gr \$15 Family \$50

SUN 26 FEB 1PM
Under The Influence...! Steve Foster | FP \$26 C \$21 Gr \$21

SUN 26 FEB 5.30PM
Disney Meets Jazz | FP \$20 C \$17 Ch \$15

MON 27 FEB 7.30PM
A Women on the Edge | FP \$18.50 C \$15.50 Ch \$15.50 Gr \$15.50

THURS 2 MARCH 6.30PM
The Untold Cinderella Story | FP \$15 C \$12 Ch \$10 Family \$40

THURS 2 MARCH 8PM & FRI 3 MARCH 11AM
41 Seconds | FP \$20 C \$15

FRI 3 MARCH 6.30PM
Magic on the Edge | FP \$20 Family \$70

SAT 4 MARCH 2.30PM
Female, Fat & Fabulously Awkward | FP \$16 C \$14 Ch \$10

SAT 4 MARCH 5.30PM
The 60 Four | FP \$33 C \$28 Ch \$20

SAT 4 MARCH 8.30PM
"Stimela" The Gumboot Musical | FP \$25 C \$20

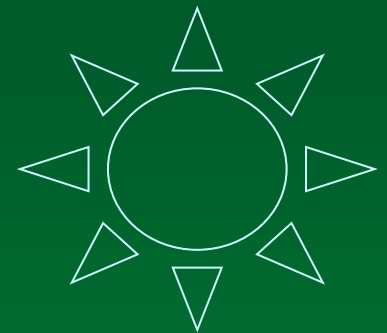
SUN 5 MARCH 1.45PM
"A Rock 'n' Roll Revival"
Celebrating the Golden Era of Rock 'n' Roll | FP \$15 C \$12 Ch \$10

LEGEND: FP = Full Price, C = Concession, Ch = Child, Gr = Group

SALISBURY SECRET GARDEN
24 FEB - 5 MARCH 2017

Featuring **THIRTY MIRC**



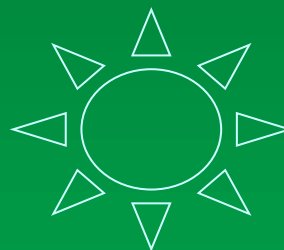


SALISBURY
SECRET GARDEN
SALISBURY CIVIC SQUARE | 24 FEB - 5 MARCH 2017

FAMILY FUN DAY

SUN 5 MARCH 1PM TO 5PM | FREE ENTRY
ZANY ZEN | Diamond Duo | Wobbles The Clown
A Sprinkle of Magic | The Rastelli Tent
Street Performers | Buskers | Vintage Gaming Room
Food and Market Stalls

SALISBURY SECRET GARDEN
WWW.SALISBURYAA.COM.AU/SGS

Strategies for recognising and responding to your child's challenging behaviour session with Jodie Benveniste

How are you going with your child's challenging behaviour?
Do you feel like you've got the strategies and tools you need to help your child behave better?
And can you keep calm and confident while you're doing it?

Our children are here to challenge us, it seems. But it's not easy to deal with our children's challenging behaviour when we're also trying to maintain a happy and harmonious home life.

In her presentation, Jodie will share:

- ◇ The difference between challenging behaviour and being challenged as a parent
- ◇ How our beliefs, expectations and triggers may be getting in the way of guiding our children effectively
- ◇ How we can use knowledge, insight and tools to transform our children's challenging behaviour

You'll take away some big picture thinking and some practical day-to-day strategies to help your child to behave better and to increase the ease and calm in your home.

When: Thursday 9th March 6:00pm - 8:00pm

Where: Ingie Farm Children's Centre
2 Belalie Road Ingie Farm

Crèche provided - bookings essential : please register with Kendall



Jodie is a psychologist, parenting author and intuitive parenting specialist. She's helped many parents to get a new perspective on their child's challenging behaviour and find ways to encourage more reasonable and responsible behaviour.

Kendall Crabtree: Community Development Coordinator
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Gawler & District
Netball Association
Winter season
starts April 2017!

GAMES ARE PLAYED AT CENTRAL LOCATION
JUNIOR AND SENIOR GRADES
ACCESSIBLE VENUE WITH PARKING
LOW GATE ENTRY FEES
CANTEEN FACILITIES

NEW CLUBS &
INDIVIDUAL REGISTRATIONS WELCOME



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