

THE PINES SCHOOL

CANTEEN PRICELIST inc GST

From 1st March 2017

DAILY MENU

| | |
|--|---------|
| Meat Lasagne | \$3.40 |
| Vegetarian Lasagne (V) | \$3.40 |
| Spaghetti | \$3.40 |
| Macaroni | \$3.40 |
| Fried rice (G) | \$3.40 |
| Vegetarian Fried rice (V)(G) | \$3.40 |
| Slams Pie bites, beef, chicken or Hawaiian | \$2.60 |
| Honey Soy Noodles | \$2.70 |
| Pizza—ham or ham & pineapple | \$2.00 |
| Tuna Mornay | \$2.70 |
| Nacho's with salsa & cheese or sour cream | \$2.50 |
| Spaghetti and Meatballs | \$3.40 |
| Hot ham and cheese roll | \$3.00 |
| ½ hot ham and cheese roll | \$1.50 |
| Chicken nuggets, Dino snacks or Coujons (each) | 60c |
| Gluten Free Chicken Nuggets (G) (each) | 60c |
| Vegie Nuggets (G) (V) | 60c |
| Hamburger with sauce, tomato & lettuce | \$3.80 |
| Chicken burger with lettuce & mayo | \$3.80 |
| Fish burger with lettuce & mayo | \$3.80 |
| Fish fillet with wedges or salad | \$3.80 |
| Chicken nuggets or chicken coujons or chicken dino snacks with salad or wedges | \$3.80 |
| Sushi—tuna | \$3.00 |
| Corn Cobbett's (V)(G) | \$1.00 |
| Chicken or Beef noodles | \$ 2.40 |



WEDNESDAYS / THURSDAYS

Term 2 and 3
Soup using the produce from
The Pines Garden
Please check the
canteen notice board



Fruit salad

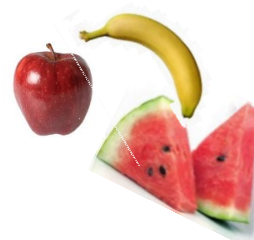
Water melon, orange, grapes, apple or rock melon

small

\$1.00

medium

\$2.00



Extra's

| | |
|----------|--------|
| Tomato | \$0.40 |
| Cucumber | \$0.40 |
| Lettuce | \$0.40 |
| Carrot | \$0.40 |
| Gherkins | \$0.40 |
| Beetroot | \$0.40 |
| Cheese | \$0.50 |

SANDWICHES, ROLLS AND WRAPS

| | Sandwiches | Rolls or Wraps |
|---------------------------------------|------------|----------------|
| Gluten free bread available | | |
| Vegemite | \$1.40 | \$1.70 |
| Egg | \$2.00 | \$2.50 |
| Tuna | \$2.00 | \$2.50 |
| Ham | \$2.00 | \$2.50 |
| Cheese | \$2.00 | \$2.50 |
| Chicken | \$2.50 | \$3.00 |
| Salad (tomato, cue, lettuce & carrot) | \$2.90 | \$3.30 |



Sauce

| | |
|---------------|--------|
| Mayo | \$0.30 |
| Tomato or BBQ | \$0.30 |
| Tartare | \$0.30 |

We can toast sandwiches, rolls or wraps at no extra cost.

Salad Packs available on request.

We follow healthy guidelines and all foods listed on the canteen menu are in the green or

amber categories.

(G) Gluten Free

(V) Vegetarian

WEEKLY SPECIAL

Term 2 and 3 only

| | | |
|--------------------|---|--------|
| Small pie |  | \$2.50 |
| Small sausage roll | | \$2.50 |
| Pasty | | \$3.40 |
| Large pie | | \$3.40 |
| Large sausage roll | | \$3.40 |

Tuesday and Friday



| | | |
|-------------------------|--|--------|
| Hot dog with sauce | | \$3.40 |
| Half hot dog with sauce | | \$1.70 |

Thursday

| | | |
|---|--|--------|
| Baked potato with choice of coleslaw, beetroot, grated cheese, pineapple ham and sour cream With 3 toppings | | \$3.50 |
| Each extra toppings | | 50c |



SNACKS

| | | |
|---|---|--------|
| Fruit Kebabs |  | 60c |
| Muffins – baked daily | | |
| Small | | 20c |
| Medium | | 50c |
| Scones with strawberry jam |  | \$1.00 |
| Jatz biscuits (3 in pack) | | 30c |
| Chocolate custard | | 80c |
| Chocolate mousse (G) | | 80c |
| Cheese and biscuits | | 80c |
| Jelly cups– orange, apple or blackcurrant | | 80c |
| Jumpy chips – chicken, original, Salt & Vinegar | | 80c |
| Popcorn – original, cheese or chicken (G) | | \$1.20 |
| Noodles – BBQ or chicken | | 80c |
| Chips – small only | | \$1.00 |

DRINKS

Milk

| | |
|---|--------|
| Plain 300ml | \$1.30 |
| Big M 250ml – chocolate or strawberry | \$2.00 |
| Up and Go 250ml - choc, straw, banana, vanilla or caramel | \$1.80 |
| Milo 200ml | \$2.00 |
| Breaka milk – 250ml choc, straw or vanilla | \$2.00 |
| Oak milk 300ml – choc, straw, vanilla or banana | \$2.00 |



Juice and Water

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|--|--------|
| Spring water 600ml | \$1.50 |
| Spring water 350ml | \$1.00 |
| Just Juice 200ml – orange, apple, apple/blackcurrant or tropical | \$1.50 |
| Harvey Fresh 250ml – apple, orange or apple/blackcurrant | \$1.80 |
| Berri juice 250ml – apple, orange or apple/blackcurrant | \$2.00 |
| Frozen apple or orange cups | \$1.00 |
| Frozen twisted yoghurt | \$2.00 |
| Watermelon, chocolate, or strawberry | |

